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# Community Resources for Caregivers and Seniors

Tanya Macdonald, MAG Community Education Coordinator



# MAG AGING & FAMILY SERVICES

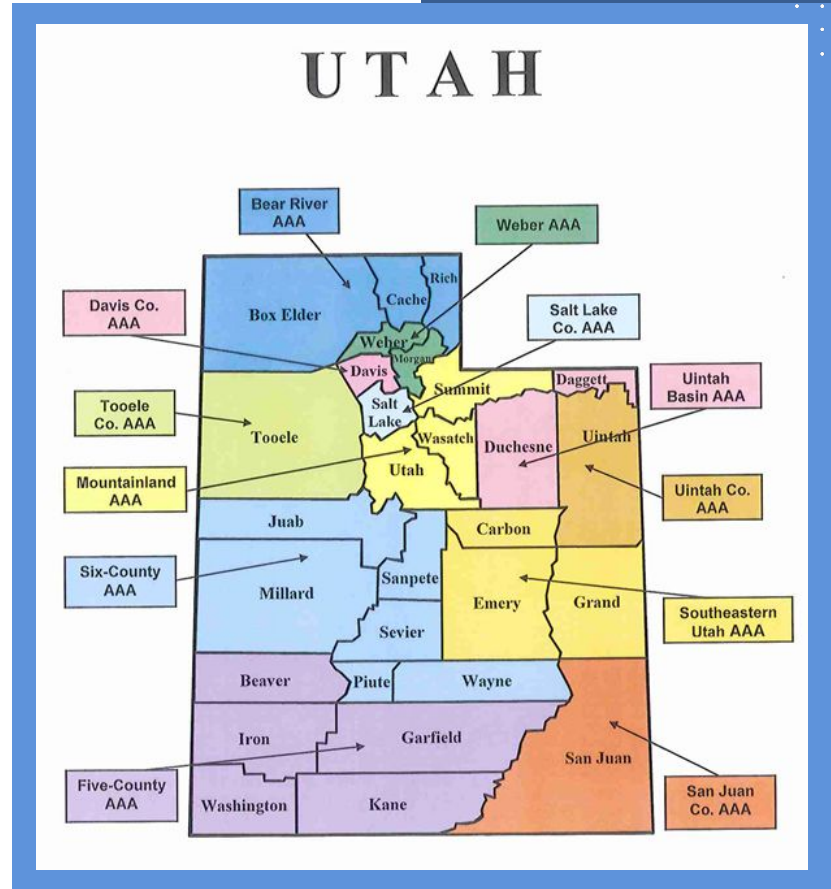


# OUR MISSION

MAG provides education, resources and services that empower aging adults to thrive at home and in our community.

# 12 Area Agencies on Aging in Utah

MAG serves Summit, Utah  
& Wasatch counties.





## EVERYDAY LIVING

- Home-delivered and community meals
- In-home programs
- Utility payment assistance
- Home weatherization



## TRANSITION PLANS

- Case management
- Legal services
- Medicare counseling
- Caregiver education and resources



## COMMUNITY CONNECTIONS

- Care system navigation
- Volunteer opportunities
- Non-medical transportation
- Caregiver support groups
- Receive a call from a friend

# Monthly Caregiver Newsletter

[magutah.gov/caregiver-support-newsletter](http://magutah.gov/caregiver-support-newsletter)

## Caregiver Newsletter List



Each month, we reach out to our community of caregivers to provide resources, community events and support group information. To join, please fill out the form below.

Email Address

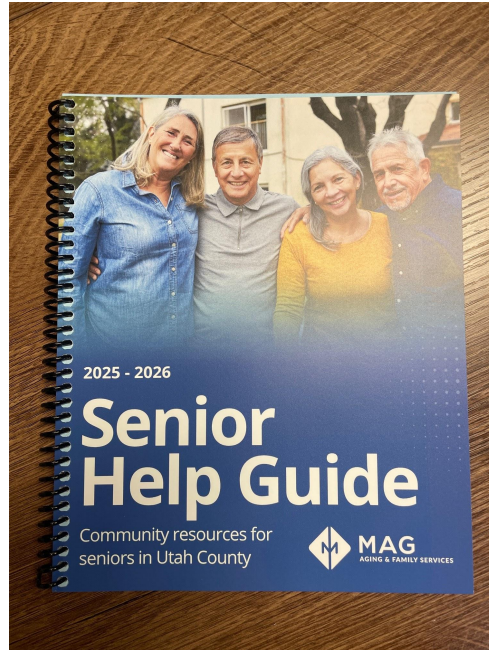
First Name

Last Name

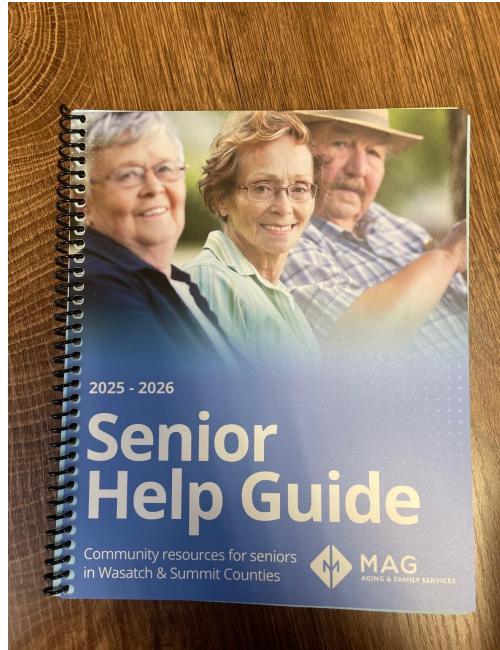
What county do you live in?

Subscribe

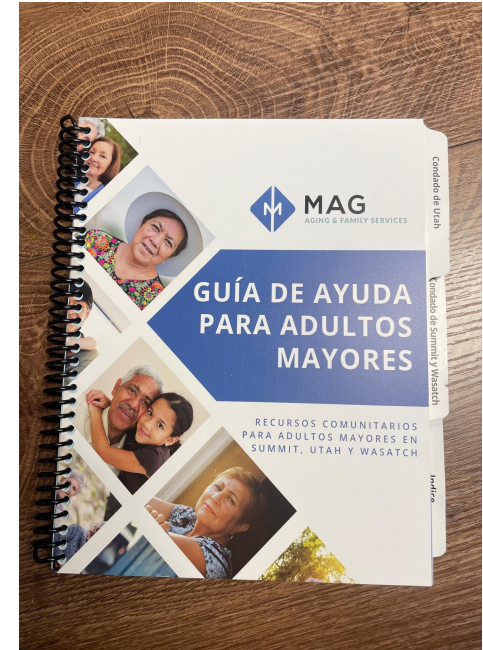
# Senior Help Guide



Utah County



Summit/Wasatch



Spanish

# Senior Help Guide – Online search

[magutah.gov/guide](http://magutah.gov/guide)

Search a  
category  
OR  
type in a  
keyword

## MAG Senior Help Guide

Information and resources for Utah, Wasatch, & Summit counties

All resources are listed by category or type of service/resource. Select a category below for a list of available services and resources.  
If you need personal assistance, call our Senior Helpline at 801-229-3804.

Select a Category

Choose a Category

Search the Senior Help Guide

Search Senior Help Guide

Popular Categories

Legal Services

View Resources

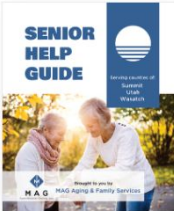
Dental Services

View Resources

Transportation

View Resources

The Book



Printed copies of the Senior Help Guide are available in English & Español.  
Contact 801-229-3804 to learn more.

**MAG**



Use the drop  
down menu  
to search  
Home  
Accessibility  
and Repair

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Select a Category

Choose a Category

- Food
- Fraud
- Funeral Services
- Guardianship, Fiduciary, Care Management
- Health Care
- Hearing Services
- Home Accessibility and Repair**
- Home and Personal Care
- Home Health and Hospice
- Housing Assistance
- Housing Options

Search the Senior Help Guide

Search Senior Help Guide



### Categories

Services

Resources

Transportation

View Resources

Book

Senior Help Guide are available in

learn more.



## Assist

📞 801-355-7085

🌐 <https://www.assistutah.org/>

📍 218 E 500 S Salt Lake City, UT 84111 [Map](#)

**Services:** ASSIST can perform an assessment, usually at no cost, to suggest possible home safety modifications. Particular emphasis is placed on measures to prevent falls especially on stairways or in the bathroom. Architectural drawings can be provided.

**Fees:** Varies

**Counties Served:** Utah County, Wasatch County, Summit County

**Related Categories:** [Home Accessibility and Repair](#)

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## Fix-It-Allmendinger

📞 801-623-8645

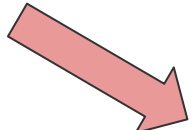
**Services:** Handyman services for home repair and maintenance work.

**Fees:** Varies

**Counties Served:** Utah County

**Related Categories:** [Home Accessibility and Repair](#)

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## Fuller Center for Housing of Utah County

📞 801-921-5335

🌐 <https://fullercenterutahcounty.org/>

📍 75 N 100 E American Fork, UT 84003 [Map](#)

**Services:** Nonprofit, all-volunteer organization that helps low-to moderate-income home owners. Helps with large projects like roofs, wheelchair ramps, remodels, yard clean up and tree removal, etc.

**Counties Served:** Utah County

**Related Categories:** [Home Accessibility and Repair](#)



## Orem Housing Rehabilitation Program

📞 801-229-7023

🌐 <https://orem.gov/neighborhoods/> 📄

📍 56 North State Street, Room 101 Orem, UT 84057 [Map](#)

**Services:** Grant and/or loan funding up to \$15,000 to repair critical damage to homes or eliminate specific and immediate hazards to health, safety, and/or sanitation. Homeowners can also replace or repair windows, electrical, plumbing, fixtures, or roofs, paint exterior or interiors, do necessary remodeling, put in ADA improvements, and do additions (based on need). Available to all homeowners making less than 80 percent of the Area Median Income living in the City of Orem.

**Counties Served:** Utah County

**Related Categories:** [Home Accessibility and Repair](#)

---

## Provo City Community and Neighborhood Services

📞 801-852-6160

🌐 <https://www.provo.gov/233/Community-Programs> 📄

📍 445 W Center St Provo, UT 84601 [Map](#)

**Services:** The Redevelopment Agency provides down-payment assistance loans for homebuyers, egress window program, and emergency repair grants.

**Fees:** Varies. Must meet income eligibility requirements.

**Counties Served:** Utah County

**Related Categories:** [Home Accessibility and Repair](#) [Housing Assistance](#)

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## Single-Family Housing Rehabilitation Loan Program

📞 801-229-3847

🌐 <https://magutah.gov/home/> 📄

**Services:** Assists residents with critical home repair and rehabilitation. Services include roof replacement, wheel-chair accessible ramps, bringing electrical work to code increasing livable space to reduce overcrowding, and many more.

**Counties Served:** Utah County, Wasatch County, Summit County

**Related Categories:** [Home Accessibility and Repair](#)

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Select a Category

Transportation

Information and Referral

Legal Services

Long-term Care Planning

Medicaid

Medical Equipment and Supplies

Medicare

Medication Dispenser and Monitoring Systems

Mental Health Services

Recreation

Senior Centers and Socialization

Skilled Nursing Facilities (Nursing Homes)

Tax Information & Assistance

Transportation

Veterans Services

Vision Services

Search the Senior Help Guide

Search Senior Help Guide



## Categories

Legal Services

Resources

Transportation

View Resources

## Book

Senior Help Guide are available in

to learn more.



## Ability First

📞 801-373-5044

🌐 <https://ability1stutah.org/> 🗺️

📍 491 North 200 West Provo, UT 84601 [Map](#)

**Services:** Information, referrals, peer support, mentoring, individual advocacy, systems change advocacy, life skills training, and assistive technology equipment to help disabled individuals increase their independence in the community. Limited transportation services available. Serves Juab, Wasatch, Sanpete, and Utah Counties. Intake process required to apply.

**Counties Served:** Utah County, Wasatch County, Summit County

**Related Categories:** [Assistive Technology and Equipment](#) [Disability Services](#) [Transportation](#)

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## Community Action Services and Food Bank

📞 801-373-8200

🌐 <https://www.communityactionprovo.org/> 🗺️

**Services:** Crisis assistance including food assistance, emergency shelter, rent assistance, utility assistance, transportation assistance (gas and bus tokens), employment assistance, homeless assistance, and self-sufficiency education. Provides assistance in obtaining an identification card, driver license or birth certificate. Services may vary at each location.

**Counties Served:** Utah County, Wasatch County, Summit County

**Related Categories:** [Financial Assistance](#) [Housing Assistance](#) [Transportation](#)

### Coalville

📞 435-336-4277

📍 17 South Main Street Coalville, UT 84017 [Map](#)

**Counties Served:** Summit County

### Heber

📞 435-654-2182

📍 34 West 200 South, Suite 4 Heber City, UT 84032 [Map](#)

**Counties Served:** Wasatch County



## Go Go Grandparent

📞 1-855-464-6872

🌐 <https://www.gogograndparent.com/>

**Services:** Provides rides for seniors; grocery delivery, prescription medications, and more.

**Counties Served:** Utah County, Wasatch County, Summit County

**Related Categories:** [Transportation](#)

## High Valley Transit

📞 435-246-1538

🌐 <https://www.hvtutah.gov/>

**Services:** Free public transportation options in Summit & Wasatch counties. Download the app to schedule a ride or call 435-246-1538. Wheelchair-accessible vehicles and door-to-door service for those with limited mobility.

**Counties Served:** Wasatch County, Summit County

**Related Categories:** [Transportation](#)

## Mobility Transportation Services

📞 801-266-5060

🌐 <https://mobilitydispatch.com/>

📍 8074 S 1300 E Ste 308 Sandy, UT 84094 [Map](#)

**Services:** Non-emergency transportation provided 24/7 for ambulatory, wheelchair or stretcher-bound patients to and from medical appointments.

**Fees:** Varies. Private Pay.

**Counties Served:** Utah County, Wasatch County, Summit County

**Related Categories:** [Transportation](#)



## Utah Transit Authority (UTA) Referral Line

📞 801-287-2870

🌐 <https://rideuta.com/Rider-Info/Accessibility/Accessible-UTA/Coordinated-Mobility/Community-Resources>

**Services:** The referral line is a dedicated phone number for individuals with disabilities, aging adults over the age of 60, and veterans who need temporary assistance finding transportation solutions.

**Fees:** \$1.25 for seniors age 65+ or persons with disabilities who have been pre-qualified.

**Counties Served:** Utah County, Wasatch County, Summit County

**Related Categories:** [Transportation](#)

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## Utah Valley Paratransit (UTA)

📞 1-877-882-7272

🌐 <https://rideuta.com/Rider-Info/Accessibility/Accessible-UTA/Paratransit-Services>

**Services:** UTA funded curbside transportation services for individuals with disabilities who are not able to use the UTA system in Utah County. Must complete certification process to receive services. Only serves Brigham City to Payson.

**Fees:** \$4.00 per one way ride. Prices subject to change according to UTA guidelines.

**Counties Served:** Utah County

**Related Categories:** [Transportation](#)

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## Utah Valley Rides

📞 801-471-0601

🌐 <https://unitedwayuc.org/utah-valley-rides/>

**Services:** Door-to-door transportation provided by volunteers to seniors over 65 in American Fork, Pleasant Grove, Lindon, Orem, and Provo. Rides can be scheduled to the doctor's office, grocery store or anywhere else they need to go within the service area. Vans are equipped to transport passengers with mobility devices such as wheelchairs, power chairs and walkers. Call Utah Valley Rides or visit website for more details.

**Fees:** Suggested donation, \$2 one way, \$4 round trip

**Counties Served:** Utah County



# Community Resources

## UTA Referral Line

Referral Line Phone Number: 801-287-2870

### Purpose of the Referral Line

The UTA referral line was created as a resource for **individuals with disabilities, aging adults over the age of 60, and veterans** who need temporary assistance with finding transportation solutions while going through the qualification process with various community organizations that can meet their needs long-term.

### Need a Ride?

Learn More 



If you need additional assistance, call our Senior Helpline at 801-229-3804.

Select a Category

Home and Personal Care

- Employment
- Financial Assistance
- Food
- Fraud
- Funeral Services
- Guardianship, Fiduciary, Care Management
- Health Care
- Hearing Services
- Home Accessibility and Repair
- Home and Personal Care**
- Home Health and Hospice
- Housing Assistance
- Housing Options
- Information and Referral
- Legal Services

Search the Senior Help Guide

Search Senior Help Guide



[Services](#) [MAG \(Mountainland Association of Governments\)](#) [Senior Companion](#)

care, special needs care, tutoring, pet care, housekeeping, etc.



## Home Care Agencies

**Services:** Non-Medical assistance with personal care, caregiver support, homemaking, chore services, transportation and errands.

**Fees:** Varies. Some agencies accept Medicaid.

**Counties Served:** Utah County, Wasatch County, Summit County

**Related Categories:** [Home and Personal Care](#)

### 1 Assist Care

📞 801-852-0072

🌐 <https://www.1assistcare.com/> 🗺️

**Counties Served:** Utah County, Wasatch County, Summit County

### Amada Senior Care

📞 385-406-4044

🌐 [www.amadaprovo.com](http://www.amadaprovo.com) 🗺️

📍 648 N 900 E Spanish Fork, UT 84660 [Map](#)

**Counties Served:** Utah County, Wasatch County

### A-Plus Health Care at Home

📞 801-225-0990

🌐 <https://impacthc.org/agencies-a-plus-healthcare-at-home/#locations> 🗺️

**Counties Served:** Utah County, Wasatch County, Summit County

### Aspen Senior Care

📞 801-224-5910

🌐 <https://aspenseniorecare.com/> 🗺️

**Services:** Specialized supervision and activities for seniors with special needs including dementia, Alzheimer's, Parkinson's, stroke, and other related disorders.

**Senior Partners**

📞 801-900-6200

🌐 <https://www.seniorpartnersutah.com/> 

**Counties Served:** Utah County

**Seniors Helping Seniors**

📞 385-336-2261

🌐 <https://locations.seniorshelpingseniors.com/ut/lehi/183.html> 

**Counties Served:** Wasatch County, Summit County

**Seniors Helping Seniors (Summit & Wasatch)**

📞 844-674-7774

🌐 <https://locations.seniorshelpingseniors.com/ut/parkcity/239.html> 

**Counties Served:** Wasatch County, Summit County

**Stonebridge Home Care**

📞 801-377-2760

🌐 [stonebridgehc.com](http://stonebridgehc.com) 

**Counties Served:** Utah County

**Suzu's Senior Companionship Services**

📞 801-540-2077

🌐 <https://suzyseniorservices.org/> 

**Services:** Homemaking, personal care, transportation, companionship.

**Counties Served:** Utah County, Summit County

**SYNERGY HomeCare**

📞 385-254-0872

🌐 <https://provo.synergyhomecare.com/> 

**Services:** Serves central and south Utah County.

**Counties Served:** Utah County

**Danville Support Services**

📞 801-363-1521

🌐 <https://danvillesupports.com/> 

**Services:** Northern Utah County, as well as Summit & Wasatch counties

**Counties Served:** Utah County, Summit County

**December Rose Senior Care**

📞 801-427-7673

🌐 <https://www.decemberroseseniorecare.com/> 

**Counties Served:** Utah County

**Emerald Care Support Services**

📞 435-604-0949/ 435-640-6972 (text)

🌐 <https://emeraldcare-supportservices.com/> 

**Counties Served:** Utah County, Wasatch County, Summit County

**Executive Home Care**

📞 801-695-9558

🌐 <https://executivehomecare.com/utah-county> 

**Counties Served:** Utah County

**Health Watch**

📞 801-225-0599

🌐 <https://www.healthwatchutah.com/> 

**Counties Served:** Utah County

**Homefront Personal Care**

📞 801-763-9486

🌐 <https://homefrontpc.com/> 

**Counties Served:** Utah County



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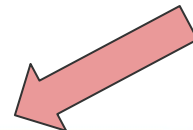
Select a Category

Choose a Category



Search the Senior Help Guide

Search Senior Help Guide



## Popular Categories

Legal Services

View Resources

Dental Services

View Resources

Transportation

View Resources

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Select a Category

Choose a Category

Search the Senior Help Guide

dementia



**Entries in this category:** [Dementia Live](#) [Utah State Dementia Caregiver Clinic](#) [Alzheimer's and Dementia Care Grant Program](#) [Dealing with Dementia Workshop](#) [Utah Valley Clinic Senior Medicine](#) [Alzheimer's Disease Education and Referral Center \(ADEAR\)](#) [Alzheimer's Foundation of America](#) [Aspen Senior Care](#) [Aspen Senior Day Center](#) [Neural Effects](#)

## Dementia Live

📞 801-229-3818

🌐 <https://magutah.gov/dementia-live/> 

📍 586 E 800 N Orem, UT 84097 [Map](#)

**Services:** Dementia Live® is a highly-impactful, dementia simulation experience that immerses participants in life with dementia, resulting in a deeper understanding of what it's like to live with cognitive impairment and sensory change.

**Counties Served:** Utah County, Wasatch County, Summit County

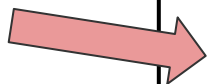
## Utah State Dementia Caregiver Clinic

📞 435-797-2088

🌐 <https://cehs.usu.edu/scce/services/dementia-caregiver-clinic> 

📍 6405 Old Main Hill Logan, UT 84322-6405 [Map](#)

**Services:** Evaluate needs of individuals with dementia or suspected dementia and their caregivers. Provide resources and referrals for tailored services. Available in-person and via telehealth.



## Alzheimer's and Dementia Care Grant Program

<https://www.homeinstead.com/help-for-alzheimers-families/?redirFrom=HFAF>

**Services:** Online application for home care grants to those providing care to their loved ones living with Alzheimer's disease or other dementias.

**Counties Served:** Utah County, Wasatch County, Summit County

**Related Categories:** [Alzheimer's and Dementia](#)

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## Dealing with Dementia Workshop

801-229-3818

<https://magutah.gov/dealing-with-dementia/>

586 E 800 N Orem, UT 84097 [Map](#)

**Services:** Free course that provides caregivers with effective strategies for dealing with dementia behaviors. Classes are held monthly.

**Counties Served:** Utah County, Wasatch County, Summit County

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## Utah Valley Clinic Senior Medicine

801-357-7250

<https://intermountainhealthcare.org/locations/utah-valley-clinic/senior-medicine>

395 West Cougar Blvd, Suite 602 Provo, UT 84604 [Map](#)

**Services:** Gerontologists specializing in primary care, consultative care, chronic illness (blood pressure, diabetes, etc.), dementia diagnosis and care, medication management, and caregiver stress management. Please call for a comprehensive list of services.

**Fees:** Accepts Medicare, Medicaid and Private Insurance.

**Counties Served:** Utah County

**Related Categories:** [Alzheimer's and Dementia](#)

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## Alzheimer's Disease Education and Referral Center (ADEAR)

800-438-4380

<https://www.nia.nih.gov/about/alzheimers-and-dementia/about-adear-center>



# HFC Respite Grant Program

[About](#) ▾[Caregivers](#) ▾[Youth](#) ▾[Learn](#) ▾[Donate](#)

## What are respite grants?

HFC respite grants cover the cost of professional, in-home or Adult Day Center care so you can feel confident about the care being provided to your person while you take some time for yourself.

### We grant two types of awards:

1. In-Home Respite Grant- 100 hours total of respite care to be used within 3 months of being awarded
2. Adult Day Center Respite Grant- 24 days of respite care to be used within 3 months of the first date of care





## Abuse

Adult Day Centers

Advocacy

Alzheimer's and Dementia

Area Agencies on Aging

Assisted Living Facilities

Assistive Technology and Equipment

Caregiving

Chronic Disease Information and Support

Dental Services

Disability Services

Education

Emergency Response Systems

Employment

Financial Assistance

Food

Fraud

Funeral Services

## Guardianship, Fiduciary, Care Management

Health Care

Hearing Services

Home Accessibility and Repair

Home and Personal Care

Home Health and Hospice

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Legal Services

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Medicare

Medication Dispenser and Monitoring Systems

Mental Health Services

Recreation

Senior Centers and Socialization

Skilled Nursing Facilities (Nursing Homes)

Tax Information & Assistance

Tax Information & Assistance

Transportation

Veterans Services

Vision Services

Volunteer Opportunities

To find our Aging Services, please go to:

[magutah.gov/aging](https://magutah.gov/aging)



**MAG AGING &  
FAMILY SERVICES**

Serving aging adults and their families in  
Summit, Utah, & Wasatch counties.

**Better with age.**

Providing education, resources, and services that empower aging adults to thrive at home and in our community.



### Supportive Services

We offer a variety of services that help older adults to remain in their homes.

- In-home programs
- Caregiver Support Program
- Caregiver Support Groups
- HEAT Utility Bill Assistance
- Weatherization Assistance Program
- Single-Family Housing Rehab



### Education

Gain unbiased, personalized guidance, practical support, and expert advice.

- Medicare Counseling
- Dementia education and caregiver courses



### Senior Nutrition

Nutritious meals provided Monday-Friday during lunch.

- Meals on Wheels
- Local senior centers



### Community Services

Free, confidential advocacy and personalized guidance to help seniors access resources and protect their rights in care settings.

- Long-term Care Ombudsman
- Senior Helpline & Options Counseling



### Engagement

Volunteer opportunities from one hour to 20 hours a month, or somewhere in between.

- Retired Senior Volunteer Program (RSVP)
- Meals on Wheels
- Friendly Callers
- LTC Ombudsman

Connect with a friend through Friendly Callers. Volunteers are ready to chat, listen, or just check in once a week to help those feeling isolated.



### Senior Help Guide

Access info and community resources for seniors and their families in Summit, Utah & Wasatch counties.

A printed version of the Senior Help Guide is also available in English and Spanish. Call 801-229-3808 to learn more.



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# Utah Caregiver Support Program



The Caregiver Support program assists family caregivers of individuals with health, mobility, neurological or functional limitations in hopes of enabling them to care for their loved one as long as possible and delay facility placement. There is no income requirement for eligibility.

#### Caregiver Support Program Services:

- Respite
- Case Management
- Personal Care Aides
- Adult Day Care
- Overnight Respite
- Information & Referral Services
- Caregiver Support Groups

For more information, call 801-229-3804 or email [aging@magutah.gov](mailto:aging@magutah.gov).

MAKE A REFERRAL ONLINE



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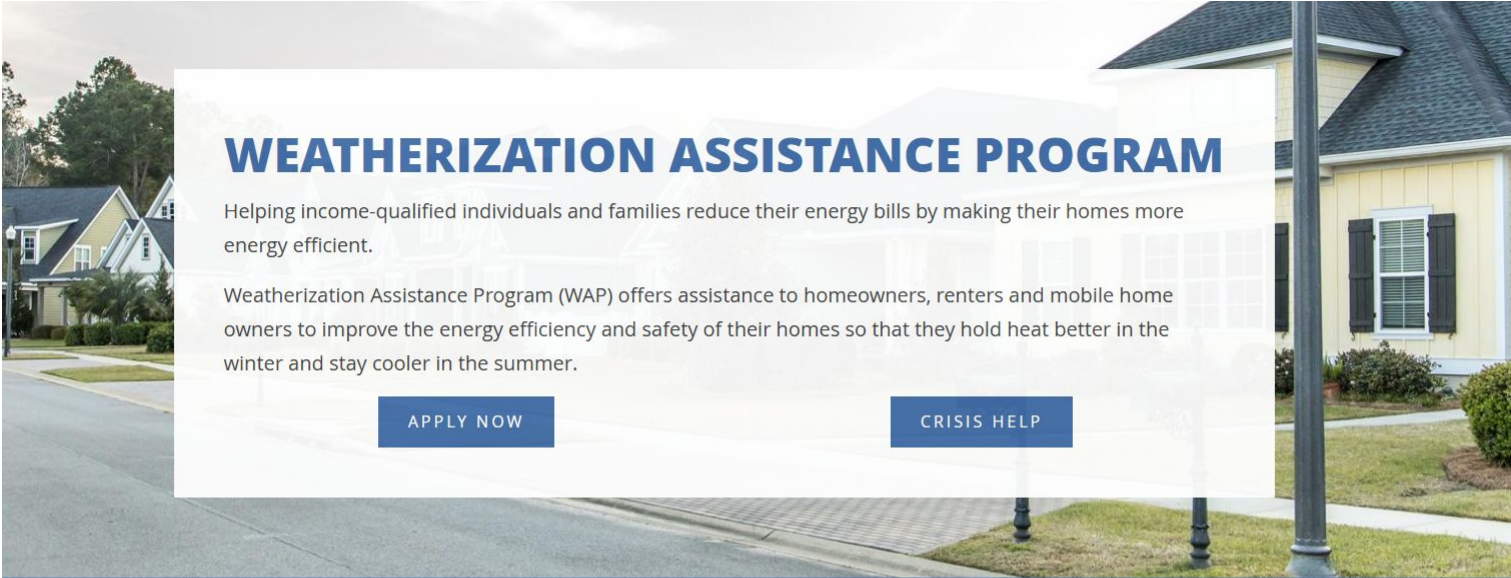
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## WEATHERIZATION ASSISTANCE PROGRAM

Helping income-qualified individuals and families reduce their energy bills by making their homes more energy efficient.

Weatherization Assistance Program (WAP) offers assistance to homeowners, renters and mobile home owners to improve the energy efficiency and safety of their homes so that they hold heat better in the winter and stay cooler in the summer.

[APPLY NOW](#)[CRISIS HELP](#)

### What is Weatherization?

Weatherization is a whole-home approach to reducing energy waste and minimizing energy bills.

Weatherization can help reduce energy costs by repairing, replacing or upgrading things in your home that cost the most energy. Through weatherization improvements and upgrades, participating households save on average \$283 or more every year.



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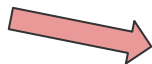
## Senior Health Insurance Program

Free counseling is available to help people who are eligible, or will soon be eligible, for Medicare with their health insurance questions.

Our counselors can help you:

- Understand Medicare benefits
- Explore Medigap/supplemental insurance options
- Explore Medicare Advantage options
- Understand the Medicare Prescription Drug Program
- Understand Medicare Savings Programs (MSP) that help with meeting the costs of Part B premiums
- Understand your doctor and hospital bills
- Apply for Extra Help with prescription drug premiums, deductibles and co-pays

Call 801-229-3819 to make an appointment or click on the link below to schedule an appointment.



[CONTACT A COUNSELOR](#)



## What is the difference between Medicare and Medicaid?

More information here:

<https://www.medicare.gov/publications/11306-Medicare-Medicaid.pdf>



May 2023

### What are Medicare & Medicaid?

**Medicare is health insurance for:**

- People 65 or older
- Certain people under 65 with disabilities
- People of any age with End-Stage Renal Disease (ESRD) or ALS (also called Lou Gehrig's disease)

#### What are the parts of Medicare?

Original Medicare includes Medicare Part A (Hospital Insurance) and Part B (Medical Insurance).

**Part A helps cover:**

- Inpatient care in a hospital
- Inpatient care in a skilled nursing facility (not custodial or long-term care)
- Hospice care
- Home health care
- Inpatient care in a religious non-medical health care institution

You usually don't pay a monthly premium for Part A coverage if you or your spouse paid Medicare taxes while working for a certain amount of time. This is sometimes called premium-free Part A. If you aren't eligible for premium-free Part A, you may be able to buy Part A.

**Part B helps cover:**

- Medically necessary services from doctors and other health care providers
- Outpatient care
- Home health services
- Durable medical equipment (DME) (like wheelchairs, walkers, hospital beds)



## Supportive Services

We offer a variety of services that help older adults to remain in their homes.

- In-home programs
- Caregiver Support Program
- Caregiver Support Groups
- HEAT Utility Bill Assistance
- Weatherization Assistance Program
- Single-Family Housing Rehab



## Education

Gain unbiased, personalized guidance, practical support, and expert advice.

- Medicare Counseling
- Dementia education and caregiver courses



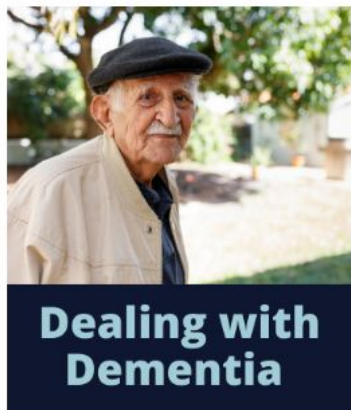
## Senior Nutrition

Nutritious meals provided Monday-Friday during lunch.

- Meals on Wheels
- Local senior centers



## Caregiver Education



For caregivers caring for a loved one with dementia. Registration required.

Class held monthly

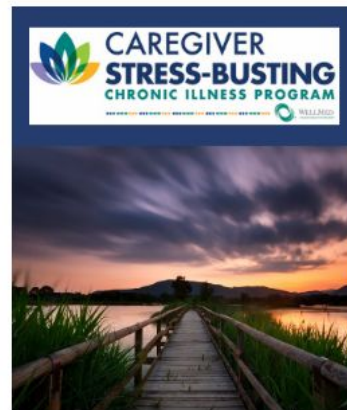
[LEARN MORE](#)



Para cuidadores que cuidan a un ser querido con demencia. Se requiere registro.

Próxima sesión 18 y 20 de noviembre.

[APRENDER MÁS](#)



Stress-reducing techniques for those caring for a loved one.

Next session starts Winter 2026

[LEARN MORE](#)



Dementia simulation results in a deeper understanding of dementia.

Sessions held monthly

[LEARN MORE](#)



## Senior Education Series



### MEDICARE Q & A

Medicare update and open Q&A with our free, unbiased SHIP counselor to get clear answers to all your Medicare eligibility, coverage, and enrollment questions.

December 16, 6 p.m.

REGISTER NOW

### Scam Prevention for Seniors



Learn to protect yourself with tips from cybersecurity experts at Arctic Wolf.

Jan 22, 2026, 1 p.m.

REGISTER NOW

### Navigating the World of Assisted Living and Skilled Nursing Facilities



Learn the process of selecting the right assisted living or skilled nursing facility and strategies for working with the staff to secure high-quality care for your loved one.

Thursday, February 12, 11 a.m.

REGISTER NOW



### Hospice & Funeral Planning

Consider hospice care for your loved one, what resources and services it provides, and the benefits of advanced planning for funeral arrangements. This will be sensitive and thoughtful conversation on preparing for end of life.

March 11, 11 a.m.

REGISTER NOW



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- [Local senior centers](#)

Find a Senior Center  
near you!

Enjoy a meal, games,  
classes, community  
connections &  
friendship!

## Summit County Centers



North Summit Senior Center

150 E Park Road, Coalville  
435-336-2622

[Summit County Senior Center Website](#)

Lunch: Wednesday & Friday at noon



Park City Senior Citizens Center

1361 Woodside Avenue, Park City  
435-649-7261

[Summit County Senior Center Website](#)

Lunch: Monday & Thursday at 1 p.m.



South Summit Senior Center

110 North Main Street, Kamas  
435-783-4311

[Summit County Senior Center Website](#)

Lunch: Monday & Thursday at noon

## Utah County Centers



American Fork Senior Center

54 East Main Street, American Fork  
801-763-3090

[American Fork Senior Center Website](#)

Lunch: Monday- Friday at noon



Eagle Mountain Senior Center

1632 E Heritage Dr, Eagle Mountain  
801-789-6660

[Eagle Mountain Senior Center Website](#)

Lunch: Wednesdays & Thursdays at noon



Goshen Senior Center

79 South Center St, Goshen  
801-667-3477 or 801-667-9910

Lunch: Tuesday & Friday at noon



### Community Services

Free, confidential advocacy and personalized guidance to help seniors access resources and protect their rights in care settings.

- [Long-term Care Ombudsman](#)
- [Senior Helpline & Options Counseling](#)



### Engagement

Volunteer opportunities from one hour to 20 hours a month, or somewhere in between.

- [Retired Senior Volunteer Program \(RSVP\)](#)
- [Meals on Wheels](#)
- [Friendly Callers](#)
- [LTC Ombudsman](#)

Connect with a friend through Friendly Callers. Volunteers are ready to chat, listen, or just check in once a week to help those feeling isolated.



## SENIOR HELP GUIDE

### Senior Help Guide

[Access info and community resources](#) for seniors and their families in Summit, Utah & Wasatch counties.

A printed version of the Senior Help Guide is also available in English and Spanish. Call 801-229-3808 to learn more.



## Long-Term Care Ombudsman program

### An Ombudsman can:

- Receive and seek to resolve complaints made by or for residents of long-term care facilities
- Help long-term care residents understand [their rights](#) (PDF)
- Visit and provide information and support to long-term care residents who are dealing with concerns about their care and quality of life
- Provide education related to state and other regulations governing long-term care
- Consult with families and individuals about long-term care services and options, as well as other aging issues
- Provide education to residents, facilities, and the community about long-term care, elder abuse, and other aging related topics



#### SUBMIT A COMPLAINT

Fill out this form if you are aware of an individual, who resides in a nursing home or assisted living facility that is dealing with a violation of their personal rights.

[REPORT ONLINE](#)

#### FACILITY MAP

Looking for a facility close to you? Use our interactive map to determine which types of facilities are in your area.

[SEE THE MAP](#)

#### CHOOSING A FACILITY

Learn about the different types of facilities to determine which facility is appropriate for your loved one.

[FACILITY TYPES](#)



## Long Term Care Facilities ...



This is a map of long term care facilities in the MAG area (Summit, Utah, and Wasatch counties).

1,746 views

Published on June 2

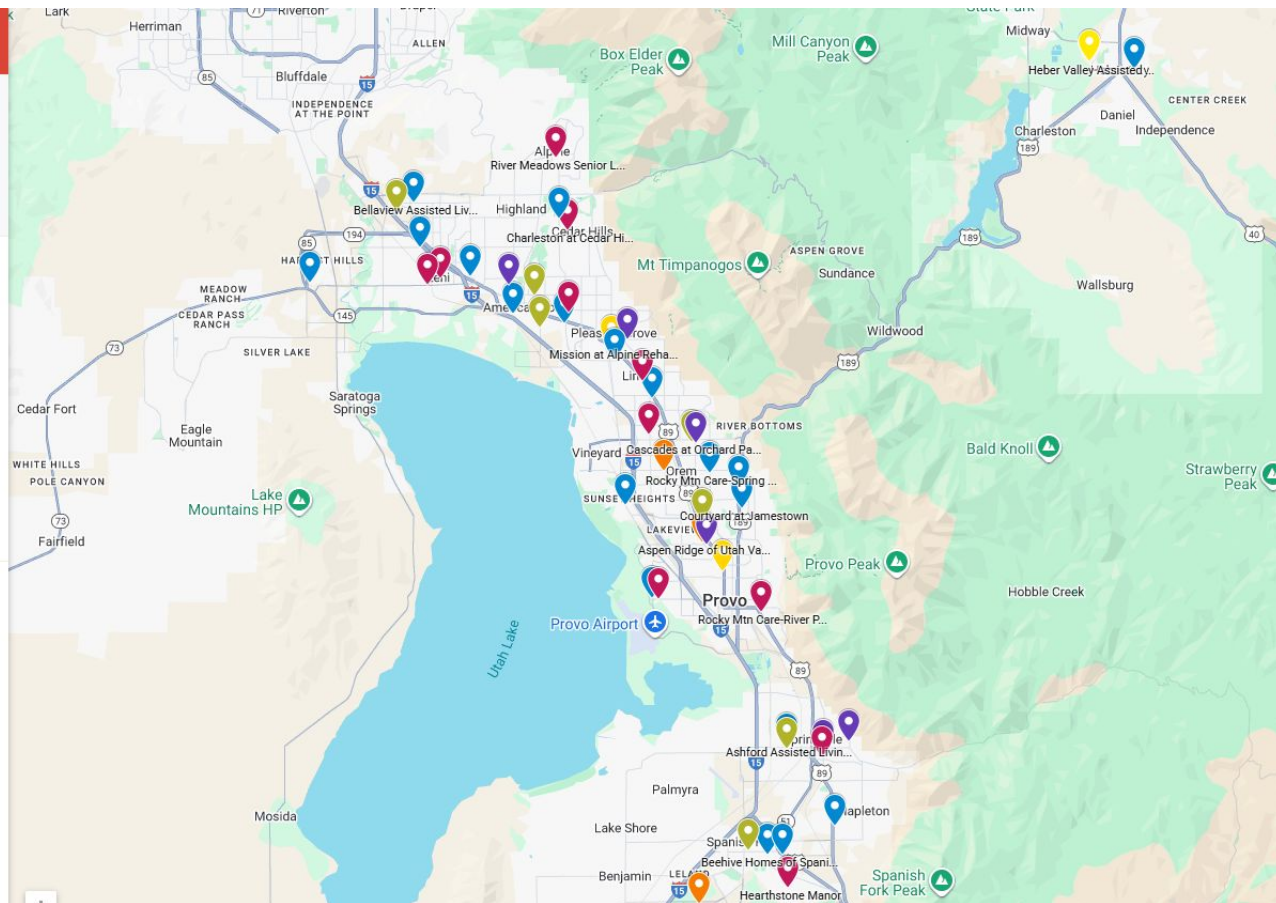
[SHARE](#)

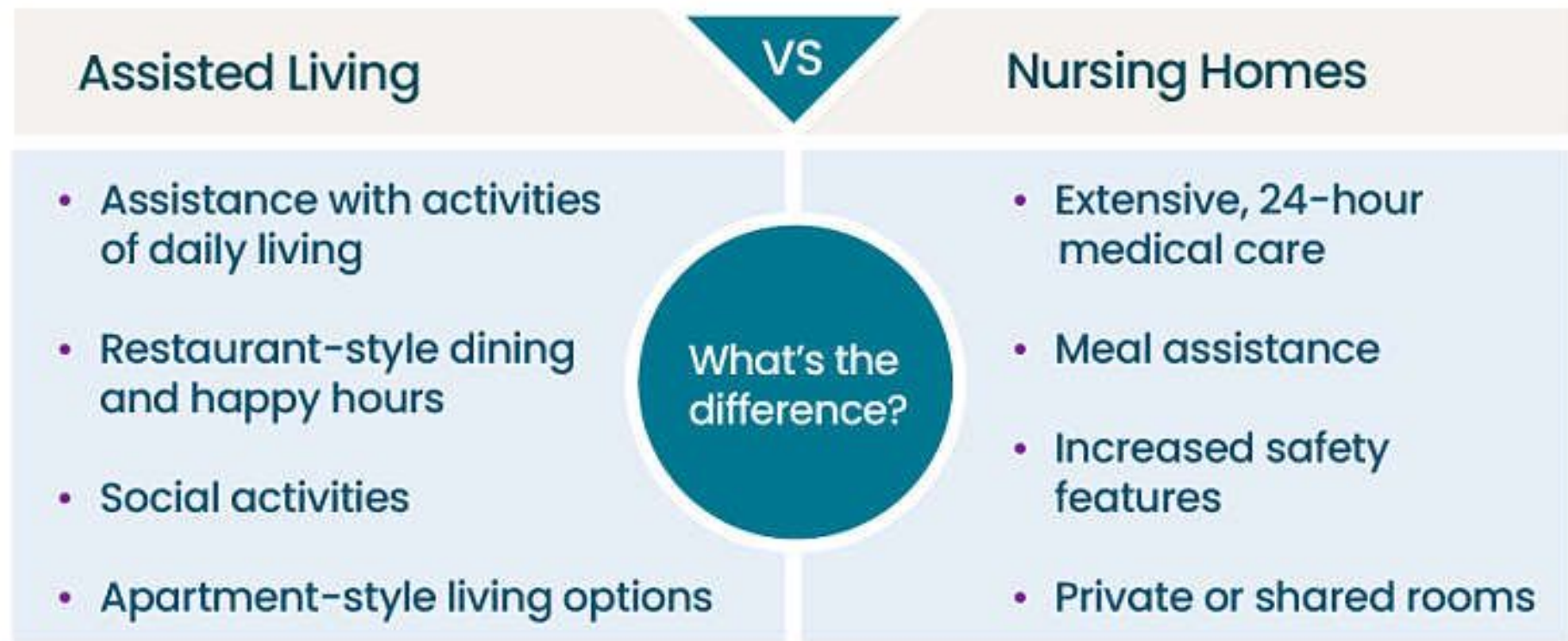


## MAG Long Term Care



-  Assisted Living Level 1 & 2, Memory Care
-  Assisted Living Level 1 & 2
-  Skilled Nursing Facility
-  Assisted Living Level 1
-  Skilled Nursing Facility (short-term)
-  Skilled Nursing Facility, Memory Care
-  Assisted Living Level 1 & 2, memory care





Get involved! Make a difference in your community.  
We ❤️ our volunteers!



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<https://benefitscheckup.org>

National Council on Aging - Find local resources in your zip code

About Us

English ▾



**BenefitsCheckUp.**

Home

Benefits Programs ▾



## Stay Healthy and Independent with BenefitsCheckUp

BenefitsCheckUp® connects millions of older adults and people with disabilities with benefits programs that can help them afford nutritious food, health care, and more. See what's available in your area by entering your ZIP code below.



84651





## Health Care & Medication

Medicaid, SHIP Medicare Counseling, Medicare Part D Extra Help



## Food & Nutrition

Commodity Supplemental Food Program, Feeding America Food Bank Locator, SNAP



## Housing & Utilities

LIHEAP Energy Assistance, Section 8 and Public Housing



## Aging In Place

Home and Community-Based Waiver Programs, Adult Day Care



## Transportation

Transportation Assistance Programs



## Income

[Chat With Us](#)

## FEATURED PROGRAMS

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### Utah Supplemental Nutrition Assistance Program (SNAP)

**Phone:** [\(801\) 526-0950](tel:(801)526-0950)

The Supplemental Nutrition Assistance Program (SNAP), once known as Food Stamps, provides monthly food benefits to anyone who meets its guidelines. If you have low or no income and live in Utah, these important benefits could help you eat better on a budget.

[Apply Now](#)

[Learn More](#)

### Commodity Supplemental Food Program (CSFP) - Utah

**Phone:** [\(801\) 978-2452](tel:(801)978-2452)

The Commodity Supplemental Food Program (CSFP) can provide you with certain foods at no cost. You may be able to get help from this program if you are 60 years of age or older, meet the program guidelines, and live in a county or community that offers CSFP.

[Apply Now](#)

[Learn More](#)



## Income

SSI and SSDI, Employment Training



## Disability Services

Medicaid Buy In for Workers with Disabilities, Communication Access Programs



## Long Term Care

Medicaid for Long Term Care, Long Term Care Ombudsman



## Discounts & Activities

National Park Annual Passes, State Park Discounts, Volunteer Activities



## Tax Help

Property Tax Relief, Income Tax Programs, Tax Prep Help



## Crisis, Legal, & General Help

Legal Aid and Legal Hotlines, Adult Protective Services, Crisis Help Lines



## Veterans Programs

Crisis Line, Housebound Benefits, State Veterans Benefits

[Chat With Us](#)

## Assistive Technology Act Programs

Assistive technology is equipment or devices you can use to help you with daily activities, such as eating, bathing, and cooking. It also includes communication aids for hearing, speaking, and more. State assistive technology act programs generally provide things like loans, demonstrations, and exchanges of assistive technology devices.

[Visit Website](#)[Learn More](#)

## iCanConnect

This program can help you get equipment to communicate easier if you have hearing or vision loss and limited income.

[Visit Website](#)[Learn More](#)

## Alzheimer's Disease Education and Referral Center (ADEAR)

**Phone:** [\(800\) 438-4380](tel:(800)438-4380)

This program is managed by the National Institute on Aging and can help you find information about Alzheimer's disease.

[Visit Website](#)[Learn More](#)

## Division of Services for the Blind and Visually Impaired

**Phone:** [\(801\) 526-0950](tel:(801)526-0950)

This program helps you live comfortably on your own if you have vision loss.

[Visit Website](#)[Learn More](#)

## Services of the Deaf and Hard of Hearing

**Phone:** [\(801\) 263-4861](tel:(801)263-4861)

This program gives you resources to help you live on your own if you are deaf or hard of hearing.

[Visit Website](#)[Learn More](#)

## Independent Living Program

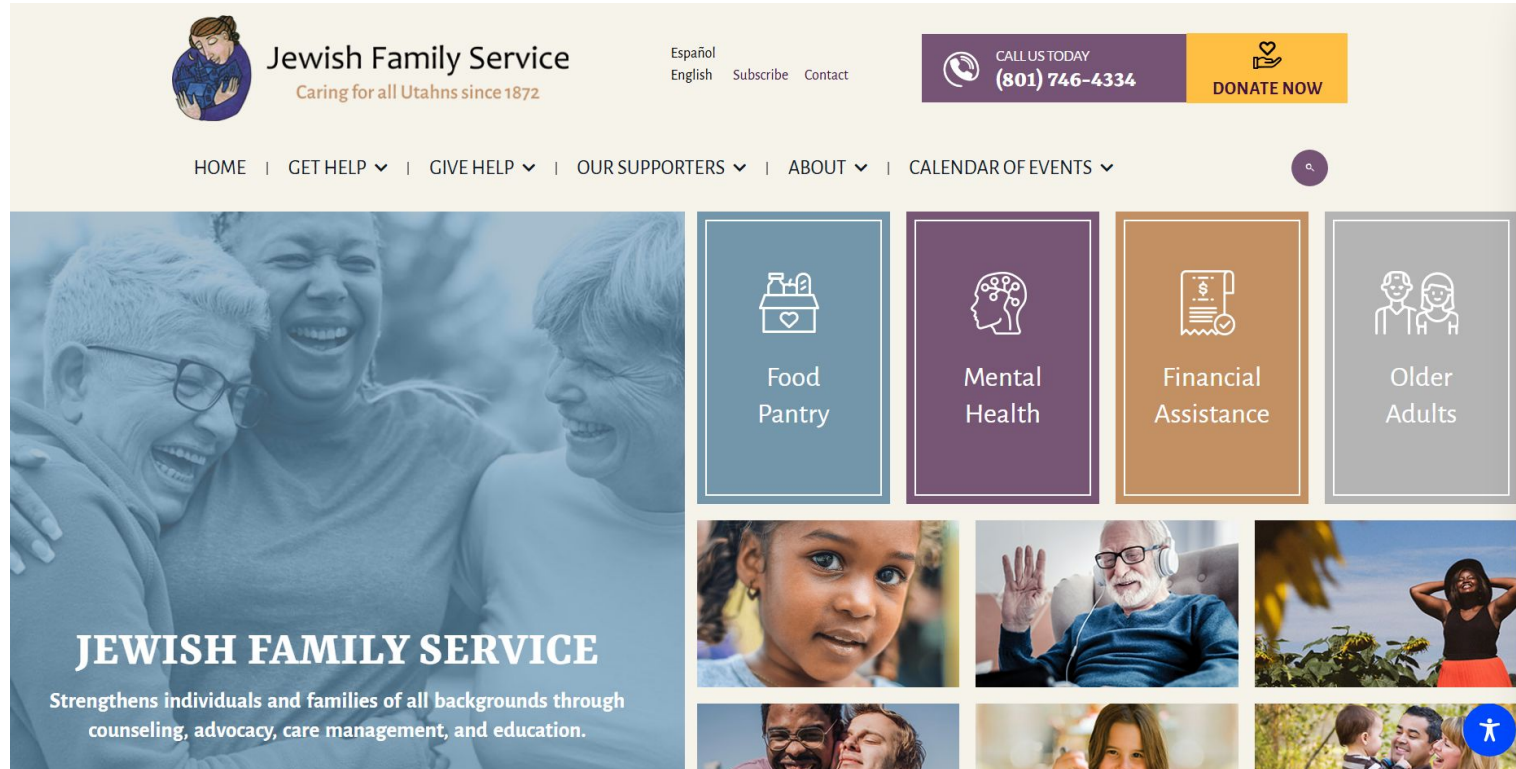
**Phone:** [\(801\) 466-5565](tel:(801)466-5565)

This program helps you live independently if you have a disability. You can apply for this program if you are blind or have a disability and need help living independently.

[Visit Website](#)[Learn More](#)

# Jewish Family Service

<https://jfsutah.org/>



The image shows the homepage of the Jewish Family Service website. At the top, there is a navigation bar with the organization's logo (a stylized 'J' and 'F' intertwined) and the text 'Jewish Family Service Caring for all Utahns since 1872'. To the right of the logo, there are links for 'Español', 'English', 'Subscribe', and 'Contact'. Further right, there is a purple button with a phone icon and the text 'CALL US TODAY (801) 746-4334', and an orange button with a heart icon and the text 'DONATE NOW'. Below the navigation bar, there is a horizontal menu with links: 'HOME', 'GET HELP', 'GIVE HELP', 'OUR SUPPORTERS', 'ABOUT', and 'CALENDAR OF EVENTS'. A search icon is located on the far right of this menu. The main content area features a large blue-tinted image of three people (two men and one woman) smiling and hugging. Overlaid on this image is the text 'JEWISH FAMILY SERVICE' in large, bold, white capital letters, followed by the tagline 'Strengthens individuals and families of all backgrounds through counseling, advocacy, care management, and education.' To the right of the main image, there are four colored boxes with icons and text: a blue box with a food icon and 'Food Pantry', a purple box with a brain icon and 'Mental Health', an orange box with a document icon and 'Financial Assistance', and a grey box with a family icon and 'Older Adults'. Below these boxes, there is a row of five small images: a young girl, an older man wearing headphones, a woman in a red shirt, a man and woman smiling, and a family of four. A blue circular icon with a white person symbol is located in the bottom right corner of the row of images.

 **Jewish Family Service**  
Caring for all Utahns since 1872

Español English Subscribe Contact

CALL US TODAY  
(801) 746-4334

DONATE NOW

HOME | GET HELP | GIVE HELP | OUR SUPPORTERS | ABOUT | CALENDAR OF EVENTS

**JEWISH FAMILY SERVICE**  
Strengthens individuals and families of all backgrounds through counseling, advocacy, care management, and education.

Food Pantry

Mental Health

Financial Assistance

Older Adults

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# Questions?

[education@magutah.gov](mailto:education@magutah.gov)

801-229-3818







Ideas for Community Resource class

Senior help guide- how to use it tutorial (offer hard copy in the mail)

<https://magutah.gov/guide/>

Home Repair options

Transportation

Legal services

Differences between Medicare / Medicaid

<https://www.medicare.gov/publications/11306-Medicare-Medicaid.pdf>

<https://magutah.gov/aging/>

Education classes

In-homes Services at MAG

LTC Ombudsman

Benefits Check up

<https://benefitscheckup.org/>

JFS

Lynden Legacy?