




Please call to cancel the meal at least a day in advance 801-229-3802

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Suggested donation \$3/meal</p> <p>Menu subject to change</p>	<p>Low fat milk (12) is provided with each meal</p> <p>Number in parentheses represent carbohydrate count</p>	<p>1 Malibu Chicken with Honey Mustard Sauce (08) Au Gratin Potatoes (22) Broccoli (04) Fresh Baked Roll (16) Fruit Cocktail (08) Chocolate Brownie (23)</p>	<p>2 Cheesy Italian Pasta Bake (50) Broccoli (06) Fresh Garlic Roll (15) Apple Sauce (14)</p>	<p>3 Smoked Ham and White Beans (03) Braised Cabbage (03) Sweetened Apple Sauce (14) Corn Bread (28)</p>
<p>6 Swedish Meatballs (39) Rice (21) Broccoli (04) Navel Orange (22) Fresh Baked Roll (16) Cookie Bar (18)</p>	<p>7 Fish Filets with Tartar Sauce (15) Potato Wedges (18) Mixed Vegetables (12) Fresh Orange (12) Fresh Baked Roll (16)</p>	<p>8 Kalua Pork (00) Hawaiian Rice (25) Seasoned Black Beans (14) Pineapple Tidbits (07) Fresh Baked Rolls (15)</p>	<p>9 Grilled Hamburgers with Fresh Baked Bun (15) Lettuce, Tomato, Pickles (02) Potato Salad (19) Apple Sauce (14) Pork and Beans (25)</p>	<p>10 Roast Turkey Breast (03) Garlic Mashed Potatoes & Turkey Gravy (25) Green Beans (02) Fresh Baked Roll (15) Fruit Fluff with Jell-O (28)</p>
<p>13 Teriyaki Beef Bowl (08) Steamed Brown Rice (21) Steamed Broccoli (04) Pineapple (14) Fresh Baked Roll (15)</p>	<p>14 Oven Roasted Pork (00) Loaded Mashed Potatoes (15) Seasoned Diced Beets (06) Mandarin Oranges (19) Fresh Baked Roll (16) Cookie Bar (18)</p>	<p>15 Savory Chicken Salad Wrap (18) Italian Pasta Salad (20) Kosher Pickle Spears (01) Diced Peaches (19)</p>	<p>16 Beef Taco Salad (05) Black Beans with Cheese (20) Green Salad (02) Salsa (02) Ranch (02) Apple Sauce (14) Tortilla Chips (18)</p>	<p>17 Meatloaf (3) Garlic Mashed Potatoes & Gravy (30) Roasted Corn (14) Fresh Baked Roll (15) Navel Orange (22)</p>
<p>20 Country Fried Steak (4) Mashed Potatoes & Gravy (27) Mixed Vegetables (12) Fresh Baked Roll (15) Fresh Orange (22)</p>	<p>21 BBQ Chicken (03) Au Gratin Potato (19) Seasoned Green Beans (02) Diced Peaches (22) Fresh Baked Roll (16)</p>	<p>22 Egg, Sausage, and Cheese Breakfast Burrito (16) Tater Tots (18) Salsa (02) Apple Crisp (67)</p>	<p>23 Hawaiian Haystacks Creamed Chicken over White Rice (30) Green Peas (11) Pineapple Tidbits (07) Coconut Flakes, Cheese, Chow Mein Noodles (18)</p>	<p>24 Garlic Roasted Beef Round with Gravy (10) Herb Roasted Potatoes (15) Mixed Veggies (11) Apple (28) Fresh Baked Roll (16)</p>
<p>27</p>  <p>No Meal</p>	<p>28 Sweet and Sour Chicken (30) Steamed White Rice (21) Stir Fried Vegetables (12) Fresh Apple (12) Fortune Cookie (24)</p>	<p>29 Shepherd's Pie (79) Seasoned Carrots (06) Pears (12) Garden Green Salad (02) Chocolate Brownie (23)</p>	<p>30 Ham and Turkey on Hoagie Bun (46) Provolone Cheese, Lettuce, Tomato (08) Potato Chips (14) Mandarin Oranges (19)</p>	<p>31 Salisbury Steak (05) Garlic Mashed Potatoes and Gravy (26) Fruit Fluff with Cottage Cheese (28) Green Beans (02) Fresh Baked Roll (15)</p>