


August 2024

Please call to cancel the meal at least a day in advance 801-229-3802

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Suggested donation \$3/meal</p> <p>Low fat milk (12) is provided with each meal</p>	<p>Menu subject to change</p> <p>Number in parentheses represent carbohydrate count</p>		<p>1 Roast Turkey Breast (03) Garlic Mashed Potatoes & Turkey Gravy (26) Cut Carrots (06) Fresh Baked Roll (15) Fruit Cocktail (28)</p>	<p>2 Old Fashioned Sloppy-Joe (03) Fresh Baked Bun (15) Pork and Beans (25) Mixed Veggies (12) Cottage Cheese & Fruit (19)</p>
<p>5 Cheesy Italian Sausage Pasta Bake (50) Green Beans (02) Garden Green Salad (02) Fresh Garlic Roll (15) Apple Sauce (14)</p>	<p>6 Biscuits and Sausage Gravy (29) Eggs (01) Tater Tots (18) Fruit Crisp (67)</p>	<p>7 Oven Roasted Chicken over Quinoa (39) Green Peas (11) Fruit Cocktail (14) Cookie Bar (18)</p>	<p>8 Ham and Turkey on Hoagie Bun (46) Provolone Cheese, Lettuce, Tomato (15) Potato Chips (14) Mandarin Oranges (19)</p>	<p>9 Beef Stroganoff over Rice (34) Seasoned Carrots (06) Apple Crisp (67) Garden Green Salad (02)</p>
<p>12 Swedish Meatballs (39) Rice (21) Broccoli (04) Fresh Navel Orange (16) Fresh Baked Roll (16) Cookie Bar (18)</p>	<p>13 Savory Chicken Salad Wrap (18) Italian Pasta Salad (20) Kosher Pickle Spears (01) Diced Peaches (19)</p>	<p>14 BBQ Pulled Pork (03) Bun (17) Baked Beans (14) Cinnamon Applesauce (28) Coleslaw (14)</p>	<p>15 Malibu Chicken with Honey Mustard Sauce (08) Au Gratin Potatoes (22) Broccoli (04) Fresh Baked Roll (16) Jell-O with Fruit (14)</p>	<p>16 Grilled Hamburgers with Fresh Baked Bun (15) Lettuce, Tomato, Pickles (02) Hot Potato Salad (19) Sliced Pears (19) Pork and Beans (25)</p>
<p>19 Teriyaki Beef Bowl (08) Steamed Brown Rice (21) Steamed Broccoli (04) Pineapple (14) Fresh Baked Roll (15)</p>	<p>20 Fish Filets with Tartar Sauce (15) Potato Wedges (18) Mixed Vegetables (12) Fresh Orange (14) Cookie Bar (18)</p>	<p>21 Roasted Lemon Pepper Chicken (10) Steamed White Rice (21) Carrots (06) Garden Green Salad (02) Fresh Apple (12)</p>	<p>22 Beef Taco Salad (05) Black Beans with Cheese (20) Green Salad (02) Salsa (02) Ranch (02) Apple Sauce (14) Tortilla Chips (18)</p>	<p>23 Oven Roasted Pork (00) Loaded Mashed Potatoes (15) Diced Beets (06) Fruit Cocktail (14) Fresh Baked Roll (16)</p>
<p>26 Country Fried Steak (4) Mashed Potatoes & Gravy (27) Mixed Vegetables (12) Cornbread (28) Fresh Apple (28)</p>	<p>27 Santa Fe Shredded Turkey over Brown Rice (30) Roasted Corn (14) Red Beans (23) Orange (22) Fresh Baked Roll (16)</p>	<p>28 Savory Chicken Salad Wrap (18) Italian Pasta Salad (20) Kosher Pickle Spears (00) Diced Peaches (19)</p>	<p>29 Homemade Meatloaf (3) Garlic Mashed Potatoes & Gravy (30) Green Salad (02) Navel Oranges (22) Chocolate Brownie (23)</p>	<p>30 Kalua Pork (00) Hawaiian Rice (25) Black Beans (14) Pineapple Tidbits (07) Fresh Baked Rolls (15)</p>