


August 2025

Monday	Tuesday	Wednesday	Thursday	Friday
Suggested donation \$4/meal Low fat milk (12) is provided with each meal	Menu subject to change Number in parentheses represent carbohydrate count		Please call to cancel the meal at least a day in advance 801-229-3802	1 Beef Stroganoff over Rice (34) Carrots (06) Apple Crisp (67) Garden Green Salad (02)
4 Cheesy Italian Sausage Pasta Bake (50) Broccoli (04) Garden Green Salad (02) Fresh Garlic Roll (15) Apple Sauce (14)	5 Lemon Pepper Chicken over Quinoa (39) Carrots (06) Pears (19) Cookie Bar (18)	6 BBQ Pulled Pork (03) Au Gratin Potatoes (15) Mandarin Oranges (19) Coleslaw (07) Fresh Baked Roll (16)	7 Ham and Turkey on Hoagie Bun (46) Provolone Cheese, Lettuce, Tomato (15) Potato Chips (14) Jell-O with Fruit Cocktail (13)	8 Teriyaki Beef Bowl (08) Steamed Rice (21) Steamed Broccoli (04) Pineapple (14) Fresh Baked Roll (15)
11 Swedish Meatballs (39) Rice (21) Broccoli (04) Orange (22) Fresh Baked Roll (16) Cookie Bar (18)	12 Savory Chicken Salad Wrap (18) Italian Pasta Salad (20) Kosher Pickle Spears (01) Diced Peaches (19)	13 Fish Filets with Tartar Sauce (15) Potato Wedges (18) Mixed Vegetables (12) Fresh Orange (14) Roll (16)	14 Beef Taco Salad (05) Black Beans & Cheese (20) Green Salad (02) Salsa (02) Ranch (02) Apple Sauce (14) Tortilla Chips (18)	15 Orange Chicken (42) Steamed Brown Rice (21) Stir Fried Vegetables (12) Tropical Fruit (14) Fortune Cookie (10) Roll (16)
18 BBQ Chicken (03) Rice (21) Green Beans (02) Diced Peaches (19) Corn Bread (33)	19 Homemade Meatloaf (3) Garlic Mashed Potatoes & Gravy (30) Salad (02) Roasted Corn (14) Apple Sauce (14) Fresh Baked Roll (15)	20 Oven Roasted Pork (00) Rice (21) Diced Beets (06) Jell-O with Fruit (13) Fresh Baked Roll (16) Cookie Bar (18)	21 Grilled Hamburgers with Fresh Baked Bun (15) Lettuce, Tomato, Pickles (02) Apple Sauce (14) Hot Potato Salad (19) Pork and Beans (25)	22 Biscuits and Sausage Gravy (29) Eggs (01) Tater Tots (18) Cottage Cheese with Pears (28)
25 Malibu Chicken with Honey Mustard Sauce (08) Au Gratin Potatoes (22) Green Beans (02) Fresh Baked Roll (16) Fruit Cocktail (08)	26 Beef Hot Dog with Fresh Bun (17) Country Baked Beans (32) Cookie (23) Applesauce (14)	27 Salisbury Steak (05) Garlic Mashed Potatoes and Gravy (27) Peas (12) Mandarin Oranges (19) Fresh Baked Roll (15)	28 Kalua Pork (00) Hawaiian Rice (25) Coleslaw (07) Pineapple Tidbits (07) Fresh Baked Rolls (15)	29 Roast Turkey Breast (03) Garlic Mashed Potatoes & Turkey Gravy (26) Diced Beets (06) Fresh Baked Roll (15) Pears (19)